

Stick Control Exercise

R R R R R R R R L L L L L L L L R R R R L L L L R R L L R R L L

R L R L R R L L R L R L R R L L R L R L R R L L R L R L R R L L

L R L R L L R R L R L R L L R R L R L R L L R R L R L R L L R R

R L R L R L R R L R L R L R L L R L R L R L R R L R L R L R L L

R L R L R L L R L R L R L R R L R L R L R L L R L R L R L R R L

R L R L R R L R L R L R L L R L R L R R L R L R L L R L R L R